



2017 Dry Needling for Pelvic Rehab Practitioners

Course Description

New for 2017, IAOM and ODNS will launch a new course only for Pelvic Rehab Specialists. This course is a 3-day course including the following:

- Pre-course reading with a quiz.
- Theory lectures will apply all knowledge to this specialty area and consist of the following topics:
 - historical overview
 - the neurophysiology of superficial and deep dry needling
 - ethics, precautions and contraindications
 - anatomy of all areas, including pelvic floor innervation
 - dry needling for pelvic pain and dysfunction
 - clinical reasoning with the role of agonists and antagonists.

The importance of safety and clean techniques are taught and practiced throughout the workshop, ensuring that participants become accustomed to working with gloves and maintaining a neat and safe workspace throughout. They will practice the techniques of inserting, manipulating, removing, and disposing of the needles on the first morning of the course.

Students will learn and practice the use of superficial dry needling including fascia and scars, periosteal pecking, and deep dry needling of the buttock, ant hip, thigh, lumbar, abdominal, and pelvic floor muscles.

Case studies are included to apply clinical reasoning and recognize common indications for dry needling.

This practical course ends with a practical competency exam. Following successful completion, you will complete an online written exam and course evaluation from home. This course earns 26.5 CEU's/contact hours.

Who can attend:

Only licensed medical practitioners who have completed a pelvic rehab course with pelvic floor palpation exam may attend. This may include PT's, Nurse practitioners, PA's, DC's, DO's and MD's. Before attending, please check with your state/country's licensing board that dry needling is within your scope of practice.

What is included:

All the equipment that you will need for the course is included. When you arrive, you will be issued with a complete needling kit, which will include all the needles that you will use for the course and more. Gloves, sharps containers, and a station set up for needling will be ready for you.

You will receive a detailed manual for the course, and full catering is included.