

Diagnosis and Management of the Acute Lumbar Spine & SI Joint

COURSE OUTLINE

Duration

(in minutes) **8H Total On-Line Contact Time**

15:08	1 Lumbar Spine – Introduction
25:43	2 Lumbar Spine - Pathoanatomy Part 1
26:24	3 Lumbar Spine - Pathoanatomy Part 2
32:08	4 Lumbar Spine - Acute Disc Pathology
45:15	5 Lumbar Spine – Basic Clinical Examination
46:57	6 Lumbar Spine – Basic Clinical Examination Interpretation
39:18	7 Lumbar Spine - Interpretation Part 2
35:50	8 Lumbar Spine – Traction
23:19	9 Lumbar Spine – Overall Management of LBP
40:29	10 Sacroiliac Joint – Pathoanatomy
40:25	11 Sacroiliac Joint – Clinical Examination
20:20	12 Sacroiliac Joint – Management Suggestions

97:30 Assessments: each Video Module is followed by 5 Assessment questions, participants are credited a total of 97:30 minutes of contact time for the completion of all assessments. The last assessment is followed by a Course Evaluation Survey



Diagnose Precisely. Treat Effectively.

Clinical Examination and Manual Therapy of the Acute Lumbar & SI Joint

Day 1 – 8:30H Total Contact Time

8:00–9:30	Highlights of Pathoanatomy Lumbar Spine and Sacroiliac Joint	Lecture
9:30–11:00	Surface Anatomy	Lab
11:00-11:15	Break	
11:15-1:00	Clinical Examination and Interpretation of the Lumbar Spine	Lecture & Lab
1:00-2:00	Lunch (1 hour lunch)	
2:00-3:30	Soft Tissue Management of Acute Low Back Pain	Lab
3:30-4:15	Mobilization Management of Acute Low Back Pain	Lab
4:15-4:30	Break	
4:30-5:30	Mobilization Management, Continued	Lab
5:30-6:00	Questions & Review	

DAY 2 – 6H Total Contact Time

8:00-8:30	Case Review	
8:30-9:00	Considerations of Mechanical Traction	Lab
9:00-9:30	Considerations of Neural Mobilization	Lab
9:30-9:45	Break	
9:45-11:00	Clinical Examination & Interpretation of the Sacroiliac Joint & Pelvic Ring	Lecture & Lab
11:00-12:00	Mobilization Management for the Locked Sacroiliac Joint	Lab
12:00-12:45	Lunch (45 minute lunch)	
12:45-2:00	Mobilization for the Locked Sacroiliac Joint, Continued	Lab
2:00-2:30	Highlights of Management Considerations in Sacroiliac Joint Instability	Lecture
2:30-3:00	Questions and Closing Remarks	

It is **STRONGLY** recommended course participants complete the on-line portion of this course **PRIOR** to the in-class portion. Completion of the online portion and live portion of this course = 22.5 CEUs