A Systematic Approach to Examination, Diagnosis and Manual Therapy of the WRIST – Part I

Diagnose Precisely. Treat Effectively.

Course Objectives

Through a combination of lecture and lab, participants will:

- Develop an understanding of the anatomy and kinesiology of the wrist and forearm as it relates to joint mobilization.
- Through the use of surface anatomy, identify key bony and soft tissue structures at the wrist needed for testing and treatment.
- Develop an understanding of the clinical presentation and implications of wrist instability in clients post trauma.
- Perform specific manual therapy testing techniques to identify and treat limitations at the radiocarpal and midcarpal joints.
- Recognize indications and contraindications for mobilization/dynamic splinting to address forearm limitations following a wrist trauma.
- Perform specific manual therapy techniques to address radial, central, and ulnar wrist pain through use of transverse friction, neural flossing, and/or joint specific techniques.

$520

Cancellation Policies: Refunds, less 15%* administrative fee, are allowed only when written cancellation is received at least 30 days prior to the day of the course OR tuition monies may be transferred to another IAOM course. A $40 re-registration fee applies to tuition transfers. Cancellations within 30 days of the scheduled course are subject to a 50%* fee. These policies are strictly enforced. *Percentages are based on the course registration fee.