



## A Systematic Approach to Examination, Diagnosis and Manual Therapy of the WRIST – Part I

*Diagnose Precisely. Treat Effectively.*

### Course Objectives

Through a combination of lecture and lab, participants will....

- Develop an understanding of the anatomy and kinesiology of the wrist and forearm as it relates to joint mobilization.
- Through the use of surface anatomy, identify key bony and soft tissue structures at the wrist needed for testing and treatment.
- Develop an understanding of the clinical presentation and implications of wrist instability in clients post trauma.
- Perform specific manual therapy testing techniques to identify and treat limitations at the radiocarpal and midcarpal joints.
- Recognize indications and contraindications for mobilization/dynamic splinting to address forearm limitations following a wrist trauma.
- Perform specific manual therapy techniques to address radial, central, and ulnar wrist pain through use of transverse friction, neural flossing, and/or joint specific techniques.

**\$520**

**Cancellation Policies:** Refunds, less 15%\* administrative fee, are allowed only when written cancellation is received at least 30 days prior to the day of the course **OR** tuition monies may be transferred to another IAOM course. A \$40 re-registration fee applies to tuition transfers. Cancellations within 30 days of the scheduled course are subject to a 50%\* fee. These policies are strictly enforced. \*Percentages are based on the course registration fee.

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