

Diagnose Precisely. Treat Effectively.

Diagnosis and Management of the Knee Complex

Duration (in minutes)	On-Line	
8:30 H Total On-Line Contact Time		
13:12	1 Knee	Pathoanatomy Part I
17:18	2 Knee	Pathoanatomy Part II
24:28	3 Knee	Pathoanatomy Part III
36:00	4 Knee	Basic Clinical Examination History
35:47	5 Knee	Basic Clinical Examination
27:42	6 Knee	Instability and Management Suggestions Part I
20:50	7 Knee	Instability and Management Suggestions Part II
23:11	8 Knee	Differential Diagnosis of Lateral Knee Pain and Management Suggestions
20:52	9 Knee	Differential Diagnosis of Medial Knee Pain and Management Suggestions Part I
36:01	10 Knee	Differential Diagnosis of Medial Knee Pain and Management Suggestions Part II
30:00	11 Knee	Differential Diagnosis of Anterior Knee Pain and Management Suggestions Part I
44:52	12 Knee	Differential Diagnosis of Anterior Knee Pain and Management Suggestions Part II
33:33	13 Knee	Joint Specific Mobilization Techniques
60:00	14 Strategic Communication Introduction	
90:00	Assessments: each Video Module is followed by 5 Assessment questions, participants are credited a total of 90 minutes of contact time for the completion of all assessments. The last assessment is followed by a Course Evaluation Survey	

Clinical Examination and Manual Therapy of the Knee

Day 1 – 8:30 H Total Contact Time

8:00–9:15	Introduction, and Highlights of Knee Pathoanatomy	Lecture
9:15–10:30	Surface Anatomy	Lab
10:30-10:45	Break	
10:45-11:00	Basic Clinical Examination: Highlights of the History	Lecture
11:00-12:00	Basic Clinical Examination: Testing & Highlights of Interpretation	Lecture & Lab
12:00-1:00	Instability Testing and Interpretation	Lab
1:00-2:00	Lunch (1 hour lunch)	
2:00-2:30	Instability Testing, Interpretation Continued with Highlights of Management	Lecture & Lab
2:30-4:30	Differential Diagnosis and Suggested Management: Medial Knee Pain	Lecture & Lab
4:30-4:45	Break	
4:45 –5:30	Differential Diagnosis and Suggested Management: Lateral Knee Pain	Lecture & Lab
5:30-6:00	Case Review	Lab

DAY 2 – 6H Total Contact Time

8:00-9:30	Differential Diagnosis and Suggested Management: Anterior Knee Pain	Lab
9:30-10:15	Joint Specific Treatment: Meniscus Repositioning & Loose Body	Lab
10:15-10:30	Break	
10:30-12:15	Joint Specific Treatment for Extension Limitations	Lab
12:15-1:00	Lunch (45 minute lunch)	
1:00-2:15	Joint Specific Treatment for Flexion Limitations	Lab
2:15-3:00	Case Studies, Questions and Closing Remarks	

It is **STRONGLY** recommended course participants complete the on-line portion of this course **PRIOR** to the in-class portion. Completion of the online portion and live portion of this course = 22.5 CEUs