BASIC FUNCTIONAL EXAMINATION: THORACIC SPINE

Note: This is provided as a reference tool for certification preparation. If you desire forms for clinical use, please contact OPTP at 800.367.7393 and ask about product #927CD or visit OPTP’s website at www.optp.com and search for the product number.

TESTS IN SITTING:
Active flexion …with cervical flexion (Neri)
Active extension
Active right sidebend
Active left sidebend
Active right rotation
  - with Neri
Active left rotation
  - with Neri
Passive right rotation
  - with Neri
Passive left rotation
  - with Neri
Resisted right sidebend
Resisted left sidebend
Resisted right rotation
Resisted left rotation
Reflexes
  - Patellar tendon, Achilles tendon, Babinski

TESTS IN SUPINE
Resisted tests for the abdominal muscles (test for motor deficit)
Abdominal reflex

TESTS IN PRONE:
Active extension
Resisted extension
Passive extension
Springing test, spinous processes
Springing test, transverse processes

EXTRA TESTS:
Slump test