

## **BASIC FUNCTIONAL EXAMINATION: THORACIC SPINE**

Note: This is provided as a reference tool for certification preparation. If you desire forms for clinical use, please contact OPTP at 800.367.7393 and ask about product #927CD or visit OPTP's website at [www.optp.com](http://www.optp.com) and search for the product number.

### **TESTS IN SITTING:**

Active flexion ...with cervical flexion (Neri)

Active extension

Active right sidebend

Active left sidebend

Active right rotation

- with Neri

Active left rotation

- with Neri

Passive right rotation

- with Neri

Passive left rotation

- with Neri

Resisted right sidebend

Resisted left sidebend

Resisted right rotation

Resisted left rotation

Reflexes

- Patellar tendon, Achilles tendon, Babinski

### **TESTS IN SUPINE**

Resisted tests for the abdominal muscles (test for motor deficit)

Abdominal reflex

### **TESTS IN PRONE:**

Active extension

Resisted extension

Passive extension

Springing test, spinous processes

Springing test, transverse processes

### **EXTRA TESTS:**

Slump test