

EXAMINATION OF THE SACROILIAC JOINT

Note: This is provided as a reference tool for certification preparation. If you desire forms for clinical use, please contact OPTP at 800.367.7393 and ask about product #927CD or visit OPTP's website at www.optp.com and search for the product number.

Provocation Tests:

1. Dorsolateral provocation in neutral
2. Östgaard test: thigh thrust
3. Ventromedial provocation in neutral
4. Sacral thrust
5. Modified Gaenslen: Nutation provocation
6. Modified Gaenslen: Counternutation provocation

Pelvic Ring Tests

Active Straight Leg Raise

Active Straight Leg Raise with Belt

Extra Test (in presence of pubic pain)

Resisted adduction in 30° to 45°