

LOCAL CLINICAL EXAMINATION OF THE LOWER CERVICAL SPINE

Note: This is provided as a reference tool for certification preparation. If you desire forms for clinical use, please contact OPTP at 800.367.7393 and ask about product #927CD or visit OPTP's website at www.optp.com and search for the product number.

PROVOCATION TESTS MID AND LOWER CERVICAL

Active and Passive Motions

Sidebend, *right*

- with ipsilateral rotation
- with contralateral rotation

Sidebend, *left*

- with ipsilateral rotation
- with contralateral rotation

Axial Rotation, *right*

- with ipsilateral sidebend
 - with flexion
 - with extension
- with contralateral sidebend

Axial Rotation, *left*

- with ipsilateral sidebend
 - with flexion
 - with extension
- with contralateral sidebend

MOBILITY TESTS

C0-4 Mobility tests

Passive test, axial rotation *right*

- with flexion
- with extension

Passive test, axial rotation *left*

- with flexion
- with extension

C2-7

C2-7 sidebend

- Right
- Left

Vertebral artery tests

Clinical reasoning and as needed sustained cervical rotation in sitting

STABILITY TESTS:

- Alar ligaments:
- Transverse ligaments of Atlas
 - Lateral shift of Atlas
 - Ventral shift of Atlas