

SEGMENTAL EXAMINATION: THORACIC SPINE

Note: This is provided as a reference tool for certification preparation. If you desire forms for clinical use, please contact OPTP at 800.367.7393 and ask about product #927CD or visit OPTP's website at www.optp.com and search for the product number.

ACTIVE AND PASSIVE PROVOCATION TESTS IN SITTING

Flexion with left sidebend & left rotation

Flexion with right sidebend & left rotation

Flexion with right sidebend & right rotation

Flexion with left sidebend & right rotation

Extension with right sidebend & left rotation

Extension with left sidebend & left rotation

Extension with left sidebend & right rotation

Extension with right sidebend & right rotation

MOBILITY TESTS IN SITTING:

Preferred Rotation test

T4 to T8 (Silent Zone) extension coupling test:

Extension with right rotation & coupled sidebend

Extension with left rotation & coupled sidebend

MOBILITY TESTS IN SIDELYING:

Extension with right rotation & coupled sidebend in nonweight-bearing

Extension with left rotation & coupled sidebend in nonweight-bearing

MOBILITY TESTS IN PRONE:

Rotation test