

IAOM (US) - Practical Exam

Date & Location:

Tested participant:

Testing staff:

Topics: EXTREMITIES

You have a maximum of 30 minutes to prepare. You may use this sheet and the backside of the sheet to prepare. Good success!!

- 1) **Basic Functional Examination of the Ankle & Foot including 2 syndesmosis provocation tests and the navicular drop test (35%)**

- 2) **Surface Anatomy (15%):**
 - a) Locate and draw the ventral and dorsal aspects of the lunate (5%)

 - b) Locate and draw the pronator teres at the elbow (5%)

 - c) Identify soft tissue structures within the right Medial Femoral Triangle (5%)

- 3) **Mobilizations (30%)**
 - c) Mobilization of the humeroradial joint for restoration of extension of the elbow (10%)

 - d) Improvement of flexion of the knee. PROM of the knee is 110 degrees. You want to emphasize the meniscofemoral medial compartment through gliding technique (10%)

 - e) Mobilization of the glenohumeral joint for restoration of arm flexion (ROM shoulder flexion = 90 deg.) for a patient with a capsular pattern at the glenohumeral joint. Show one mobilization emphasizing the coracohumeral ligament (10%)

- 4) **Loose Body Manipulation for the Hip Joint (20%)**