

**IAOM (US) - Practical Exam**

**Date & Location:**

**Tested participant:**

**Testing staff:**

**Topics: SPINE**

***You have a maximum of 30 minutes to prepare. You may use this sheet and the back side of the sheet to prepare. Good success!***

- 1) Local Examination of the Lumbar spine including provocation and mobility testing and the following extra tests (35%):**
  - a) Unipodal Kemp
  - b) Shear test in flexion
  
- 2) Surface Anatomy: find the following structures (20%)**
  - a) Location of the superior gluteal nerve as it exits the abdominal cavity posteriorly **(10%)**
  
  - b) Location of C4 spinous process and corresponding structure at the ventral aspect of the neck **(10%)**
  
- 3) Mobilizations (30%)**
  - a) Mobilization Rt 3rd costovertebral joint (rib stuck in inspiration) **(10%)**
  
  - b) Mobilization Rt C0-C1 in flexion, rotation and contralateral coupling (decide in which direction of rotation-sidebending you would mobilize the patient for a flexion mobilization of the right C0-C1 zygapophyseal joint) **(10%)**
  
  - c) 3-D axial separation lumbar spine in flexion for patient with Rt paraspinal lumbar pain and L4-L5 radiculopathy (“axillary lesion”) **(10%)**
  
- 4) Manipulation (15%)**
  - SIJ into counter-nutation for locked SIJ (& home program) (15%)