



## A Systematic Approach to Examination, Diagnosis & Manual Therapy of the ELBOW

*Diagnose Precisely. Treat Effectively.*

### Course Objectives

Through a combination of lecture and lab, participants will...

- Perform a systematic clinical examination at the elbow to determine the pain-generator
- Demonstrate how to provide joint mobilization techniques for limitations at the humeroulnar, humeroradial and proximal radio-ulnar joint
- Understand key concepts regarding rehabilitation for elbow instability
- Demonstrate manual techniques to address soft tissue disorders about the medial, anterior, and lateral elbow
- Perform provocative tests to identify nerve compressions at the elbow and forearm and treatment to address the following syndromes: cubital tunnel, pronator syndrome, radial tunnel, and Wartenberg's syndrome.

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