

A Systematic Approach to Examination, Diagnosis and Manual Therapy of the ELBOW

Diagnose Precisely. Treat Effectively.



COURSE OUTLINE

DAY 1

8:00 – 8:15 am	Introductions: Instructors and Course Participants	
8:15 – 10:30 am	Anatomy and Pathoanatomy of the Elbow	Lecture
10:30 – 10:45 am	BREAK	
10:45 – 11:45 am	Bony & Soft Tissue Surface Anatomy of the Medial & Lateral Elbow	Lab
11:45 – 12:30 pm	History (Who, What, Where, When, To What Extent?)	Lecture
12:30 – 1:30 pm	LUNCH	
1:30 – 3:15 pm	Basic Clinical Examination (BCE) of the Elbow with interpretation of examination findings & extra tests	Lecture/Lab
3:15 – 3:30 pm	BREAK	
3:30 – 4:30 pm	Complete BCE and extra tests	Lab
4:30 – 6:30 pm	Addressing capsular pattern at the elbow: joint-specific techniques to improve extension at the humeroulnar joint (HUJ) & humeroradial joint (HRJ); loose body manipulation	Lab

DAY 2

8:00 – 10:15 am	Lateral Elbow Pain: Differentiation between Joint vs. Soft Tissue with Treatment Proposal and Neural Flossing for Radial Tunnel	Lecture/Lab
10:15 – 10:45 am	BREAK	
10:45 – 11:45 pm	Complete Lateral Elbow Pain	Lecture/Lab
11:45 – 12:30 pm	Medial Elbow Pain: cubital tunnel syndrome with trends in surgical and post-operative management including neural flossing	
12:30 - 1:30 pm	LUNCH	
1:30 – 2:00 pm	Complete Medial Elbow Pain	Lecture/Lab
2:00 – 2:45 pm	Anterior elbow pain: soft tissue issues with trends in surgical fixation and port-operative management of distal biceps repairs; pronator syndrome with neural flowing	Lecture/Lab
2:45- 3:15 pm	Case Studies: Tying Together Concepts Presented with Evaluation and Treatment	Lecture
3:15 – 3:30 pm	Questions & Closing Remarks	

Reserve your seat TODAY: www.iaom-us.com

2 DAY COURSES RECEIVE 1.50 UNITS OF CREDIT