

Diagnosis and Management of the Thoracic Spine

COURSE OUTLINE

Duration

(in minutes) **8:15 H Total On-Line Contact Time**

27:55	1 Thoracic Spine: Pathoanatomy (Thoracic Spine) 1
39:35	2 Thoracic Spine: Pathoanatomy (Thoracic Spine) 2
41:34	3 Thoracic Spine: Pathoanatomy (Thoracic Spine) 3
19:12	4 Thoracic Spine: Biomechanics
41:18	5 Thoracic Spine: Clinical Exam 1
54:19	6 Thoracic Spine: Clinical Exam 2
19:33	7 Thoracic Spine: Disc Management
13:46	8 Ribs: Pathoanatomy
18:25	9 Ribs: Clinical Examination
32:23	10 Thoracic Spine: Interpretation and Pathology
43:03	11 Thoracic Spine: Local Examination and Segmental Testing
60:00	Introduction to Strategic Communication <i>Thoracic Spine and Ribs: Pain Case Study – Bonus material</i>
86:15	Assessments: each Video Module is followed by 5 Assessment questions, participants are credited a total of 86 minutes of contact time for the completion of all assessments. The last assessment is followed by a Course Evaluation Survey

It is **STRONGLY** recommended that course participants complete the on-line portion of this course **PRIOR** to the in-class portion. Completion of the online portion and live portion of this course = 22.5 CEUs

Clinical Examination and Manual Therapy of the Thoracic Spine and Ribs

Day 1 – 8:30 H Total Contact Time

8:00–9:15	Highlights of Pathoanatomy Thoracic Spine	Lecture
9:15–10:15	Surface Anatomy	Lab
10:15-10:30	Break	
10:30-1:00	History, Clinical Examination and biomechanics of the Thoracic Spine	Lecture & Lab
1:00-2:00	Lunch (1 hour lunch)	
2:00-2:30	Pathology-Interpretation of the examination	Lab
2:30-3:15	Soft tissue management and acute disc	Lab
3:15-3:30	Break	
3:30-4:30	Disc management and traction	Lecture & Lab
4:30-5:00	Pathoanatomy of the ribs	Lecture
5:00-6:00	Rib examination & treatment	Lecture & Lab

DAY 2 – 6:30 H Total Contact Time

8:00-8:30	Questions-answers / Review day 1	Lab
8:30-9:00	Rib treatment continued	Lab
9:00-10:45	Local examination: provocation and motion testing	Lab
10:45-11:45	Thoracic segmental soft tissue, mobilizations/manipulations	Lab
11:45-12:30	Lunch (45 minute lunch)	
12:30-2:00	Thoracic segmental soft tissue, mobilizations/manipulations continued	Lab
2:00-3:00	Case Studies	
3:00-3:15	Questions and Closing Remarks	