If you manage patients with TOS/CTJ pain, you cannot miss this interactive learning opportunity! After this exciting course you will return to your practice retooled with critical knowledge and experience. Here's what you'll gain after attending this course (15 CCU Hours):

1. Describe the 3 main passageways that can be involved with TOS: scalene triangle, costoclavicular space, and thoraco-coraco-pectoral space.
2. Be able to identify the two different types of TOS clinical presentations: “compressors”: those who experience intermittent traction on the brachial plexus with overhead activity and “releasers”: those who experience more of their symptoms at night.
3. Through surface anatomy, identify key landmarks needed to assess and treat joint-specific issues at the upper thoracic spine, ribs and shoulder.
4. Perform a clinical examination involving the following special tests: Roos test (Elevated Arm Stress Test), Cyriax release test, & Cervical Rotation Lateral Flexion test.
5. Demonstrate ability to test and treat 1st rib limitations associated with TOS.
6. Identify scapular faults that can contribute to TOS problems and develop an understanding of how to best address them.
7. Perform assessment and treatment of posterior glenohumeral capsule limitations related to TOS.
8. Develop an understanding of the importance of the sympathetic nervous system and its role in treatment of TOS.
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