



OPTIMAL DRY NEEDLING SOLUTIONS

WITH
IAOM-US

866-426-6101
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DRY NEEDLING LEVEL II with CADAVER ANATOMY PART 1 ONLINE COURSE OUTLINE

Duration

(in minutes) **5H Total On-Line Contact Time**

120.00 Pre-course reading: 5 articles to read followed
by a 10 question online quiz

20:13 1 Tensegrity: The effect of MTRP's on Tensegrity

19:45 2 The use of Electrical Stimulation with Dry Needling; Enhancing Intramuscular Stimulation

25:39 3 Adverse Events in Dry Needling

15:22 4 Nutritional Deficiencies as Perpetuating Factors in Myofascial Pain

39:22 5 Temporomandibular Dysfunction; The Use of Dry Needling in Treatment of TMD

60:00 Assessments: each Video Module is followed by 6 Assessment questions, participants are credited a total of 95:00 minutes of contact time for the completion of all assessments. The last assessment is followed by a Course Evaluation Survey

DRY NEEDLING LEVEL II with CADAVER ANATOMY PART 2 PRACTICAL COURSE

Day 1 – 0400H Total Contact Time

4:30 Registration & Snacks

5:00-6:30 Pectorals, deltoids, Serratus Ant	Lecture, Demo & Practical
6:30-8:00 Needling upper arm: triceps, brachialis, biceps & anconeus	Demo & Practical
8:00-9:00 Use of EStim with Needling	Demo & Practical

Day 2 – 0900H Total Contact Time

8:00-9:00 Cadaver Anatomy of the UE & Face	Cadaver Lab
9:00-10:00 Forearm Extensors and brachioradialis	Lecture, Demo & Practical
10:00-11:30 Forearm: supinator, wrist flexors, pronator teres	Lecture, Demo & Practical
11:30-1:00 Muscles of the hand, thumb extrinsics, hypothenar eminence, interossei	Lecture, Demo & Practical
1:00-1:30 Lunch	
1:30-3:30 TMJ masseter, temporalis, lateral pterygoids, sternocleidomastoid	Anatomy, Demo & Practical
3:30-4:00 Cadaver Anatomy of Thorax and Abdomen	Cadaver Lab
4:00-5:30 Thorax: Quadratus Lumborum, Iliocostalis thoracis, serratus post-sup and Inf	Demo & Practical

DAY 3 – 0830H Total Contact Time

8:00-9:30 Rectus abdominis, abdominal obliques, Quadratus Lumborum	Lecture, Demo & Practical
9:30-10:30 Cadaver Anatomy of the LE & Review	Cadaver Lab
10:30-11:30 Needling of the calf	Lecture, Demo & Practical
11:30-12:30 Tib ant, EDL, Peronei	Demo & Practical
12:30-1:00 Lunch	
1:00-2:30 Needling of the Foot	Lecture, Demo & Practical
2:30-3:30 Case Studies : knee pain, ankle sprain, students case studies	Case Studies
3:30-5:00 Competency Examinations	Practical Testing

It is **Mandatory** for course participants to complete the on-line portion of this course **PRIOR** to the in-class portion. Completion of the online portion and live portion of this course = 26.5 CEUs